Haywood Grove School
Proud to be Special - Proud to be Different

Dear Parents and Carers

Haywood Grove Home Learning Curriculum

The intention of this home learning programme is to allow children to stay as closely as possible to a good school routine whilst at home. Where possible the learning can be carried out by the child independently to allow parents/carers to work from home and/or get on with other daily tasks as easily as possible. The timetable has been carefully developed to encompass all areas of our core curriculum at Haywood Grove. This includes:

- English and Maths
- AQA units of work covering Science, Humanities and Arts
- P.E.
- Play
- Social Communication
- Just Right State – mindfulness and self-regulation
- Protective Behaviours

In addition, Government guidelines currently state that people are allowed out of their home to exercise with their household bubble, or to meet one other person. Our Forest School teacher has provided some activities that can be carried out during this time, so that this element of our curriculum is also covered (**see appendix A**).

Parents and carers have told school their preferences for home learning through Survey Monkey and/or through conversation. **You have elected for remote IT based learning with remote face to face contact with school.** You will be provided login details for our remote systems separately. The timetable, should you wish to follow it in full, is explained below:

8.30	Eat breakfast Get dressed into school uniform	This is to enable to children and parents/ carers to differentiate between the school day and other times.
8.50	Wake up, Shake up Look at timetable for the day CONTACT FROM SCHOOL	**Appendix B** – Wake up, Shake up. Carry out activities from The Just Right State (JRS) programme, designed to wake the body up and get ready for learning e.g. patting your body down. Then go through the timetable for the day.
9.10	Bug Club	Independent or shared reading A motivating way to start the day due to the games available on Bug Club. Parents can work with their child, but there is no pressure as the child can also do this activity independently
9.30	Maths - Super Movers Followed by My Maths And/or TT Rockstars	https://www.bbc.co.uk /teach/supermovers Super Movers provides an oral and mental warm up as well as physical activity. Parents/carers can join in too if they wish. The child can then complete one (providing limited choices) or both activities using MyMaths or TT Rockstars. Parents can use the “teach” tool on My Maths to help them understand how to support their child if needed.
10.10	Learning break and Snack	**See appendix C**

		A range of activities and foods taken from the JRS programme are outlined for parents/carers. As often as possible these will be physical activities that can take place in a small space, such as a flat, or outside in the garden if there is one. Descriptions of food textures are included as opposed to specifying exact foods as it may be difficult to get hold of these food items at this time.
10.30	Literacy CONTACT FROM SCHOOL	Zoom slot set at a specific time of day so that children can join their teacher for a formal lesson. The teacher will have planned literacy tasks, as they would usually do in school (as far as is possible in terms of resources). They may send out worksheets a week ahead of the scheduled lessons, or send home literacy exercise books with a pencil, rubber, sharpener, colouring pencils and a pen. The teacher will be available during this slot, even if children don't join initially. Teachers can use this time to read a story as well as teach a literacy lesson. You can find a link for guidance about how to use Zoom here file:///N:/Zoom%20Parent%20Guide.pdf
11.10	PE	Fitter Future https://app.fitterfuture.com/student/auth/login Provides a holistic approach to physical and mental wellbeing including mindfulness and understanding emotions. Children can take part in the monthly challenge and should work towards this challenge each day and complete 2 x activities which are 8-12 minute sessions each. These activities are differentiated so everyone can join in regardless of their fitness levels. Parents/siblings can join in too.
12.00	Story Time and lunch (snack and chat)	**Refer to food info in appendix C** Parent/carer/older child reads to the child, or child reads to younger sibling. Or be creative and use technology e.g. child Facetimes a grandparent who is in isolation to share a story. Children will have a snack, as they would during snack and chat in school, however the chat element will be about discussing the story (as opposed to Scared Gang characters)
12.30	Play time	**See appendix D** A range of Motional activities will be provided alongside other play ideas suggested by our therapists. Or can be as simple as e.g. a puzzle or board game.
1.00	AQA (Covering Science, Humanities and Arts)	To be determined by each class teacher. These will be as resource free as possible and enable the children to carry them out as independently as possible.
1.45	Learning break and snack	**See appendix C** A range of activities and foods taken from the JRS programme are outlined for parents/carers. As often as possible these will be physical activities that can take place in a small space, such as a flat, or outside in the garden if there is one. Descriptions of food textures are included as opposed to specifying exact foods as it may be difficult to get hold of these food items at the moment.
2.00	Social and communication skills and Protective Behaviours Carousel of activities CONTACT FROM SCHOOL	The purpose of this session is for children to spend time with their key worker. Whilst there is a communication and social skills focus, it is ultimately an opportunity to continue having positive relationships with the children whilst they are at home. This means the focus can be game based and fun. **Parents can refer to appendix D for play ideas if not engaging with key worker contact**
2.45	RRR Mindfulness	Children (and families) engage with a Fitter Future Mindfulness session https://app.fitterfuture.com/student/auth/login
3.10	End of day. Change out of uniform	

We hope your child will enjoy engaging with this timetable and that it will provide some routine to help you through these difficult times.

Keep safe and well.